



February 23, 2016



Swansea Public School is an innovative school promoting quality programs to its community. The school offers a wide variety of programs which enhance citizenship, teamwork, equality, social justice and tolerance.

Calendar

Week 5

Tue 23/2: AECG Meeting 6pm Wirrapang

Wed 24/2: Zone Swimming 9am-3pm

Week 6

Thur 3/3: Technology Workshop for Parents
Fri 4/3: Cleanup Australia Day

Week 7

Tue 8/3: Disco
Wed 9/3: Aboriginal Education Parent Meeting 2pm
P&C Meeting 6.30pm

Week 8

Tue 15/3: World's Greatest Shave
Thur 17/3: Parent Public Speaking Workshop
Fri 18/3: Payment Due K-2 Reptile Park

Week 9

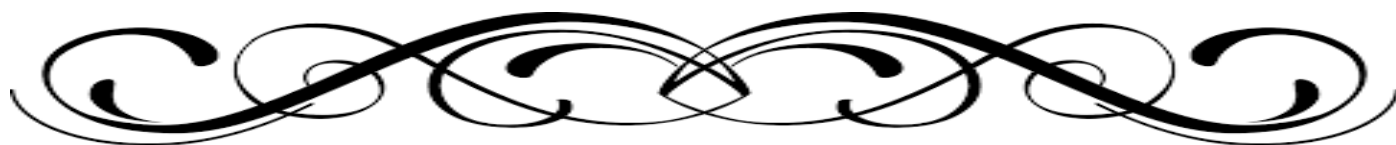
Thur 24/3: Easter Hat Parade
Fri 25/3: Good Friday

Week 10

Mon 28/3: Easter Monday
Thur 31/3: Reptile Park Excursion Kindy-Yr2

Week 11

Thur 7/4: Anzac Day Service
"You Can Do It" Performance
Fri 8/4: Last Day of Term 1



PBL Focus of the Week

Use Equipment Safely and Return It

Due to enrolled children's life threatening anaphylactic allergic reactions to all nuts and peanut products, we would like to encourage families not to send these products to school with their children. These include peanut butter, Nutella, sesame seeds, loose nuts, muesli, nut or chocolate bars or any products containing any type of nuts



Principal's Message

This week students will represent our school at the Zone Swimming Carnival. Good luck and best wishes to our students! Go Swansea PS! Thank you to Mr Hellier and Mr Brown who will be accompanying our swimmers.

Thank you to all of the parents/carers who attended the Parent Information Sessions. It is a great way to get to know your child's teacher and to find out what is happening in your child's class. If you were unable to attend please contact your child's teacher for the handout.

We thank all of the parents who have already paid for textbooks and excursion fees. We understand that the beginning of the year can be financially difficult for many families. A payment plan over time is certainly an option. Please contact the office for information regarding this option.

Keep an eye on the calendar for what's happening at our school.

In Term 2, stage 2 teachers have planned a three day/two-night camp for the students. Notes have been sent home regarding this camp.

During Term Two, the Sport In Schools gymnastics and fundamental movement program is booked for our students. The program will be held on Fridays and students will participate in 45 minute sessions. Cost will be \$45 each for the first and the second child in the family. The third child is half price and the fourth child in the family is free.

It has been great to see our students enjoying fruit kebabs, watermelon and carrot sticks at school, which is available at our wonderful canteen. Thank you to Sharon and Rosemary. We desperately need more volunteers in the canteen on Mondays and Fridays. If you can help for three hours, please see Sharon in the canteen. The change in the lunch and recess times has been working well, with children enjoying healthier food earlier in the day.

Enjoy your week

Sue Holt
Relieving Principal

Assembly Awards Term 1 Week

KA	Tuscanee Wells
KB	Jackson Kirby
1T	Dylan Sinclair
2/1G	Hannah Clack
2B	Scott Campbell

Best Class 2/1G



Easter Hat Parade 2016

This year the Easter Hat Parade will be held on **Thursday 24 March** and will involve all students K-6, starting at 12 noon. All students in Years K-6 will be making their own hat/basket/mask at school. However we still need your help!!!!

1. Please start collecting bits and pieces for your child to decorate their hat/basket/mask. We are encouraging children to use recycled materials as this does not cost anything and it is also helping our environment. Please **DO NOT** send in chocolate eggs or lollies for decorations.
2. Make the shape at home out of cardboard, a cereal box or from a heavy duty cardboard material.

Here are some shapes ideas:



3. Put the shape and decorations into a bag. Please write your child's name clearly on the bag.
4. Please send the bag and items along to school by no later than **Wednesday 16 March**.

Ideas for decorations:

- Old ribbons, wool or curling ribbon-curved or tie into interesting shapes
- Cut out pictures from catalogues
- Used wrapping paper-children can cut them into interesting shapes.
- Pictures or paintings done by the children

Thanks for all your help and we hope to see you at the Parade on **Thursday 24 March**.

From the Office

A reminder to all parents/caregivers that money needs to be returned to the office in a sealed envelope/zip lock bag with the child's name, class, note and amount of money enclosed. All change can be collected in the afternoon from the office.

Students need to return their Student Details Form, Permission to Publish and Permission to Leave School Grounds ASAP. All details need to be updated each year and your assistance in returning these forms is very much appreciated.

We realise that the beginning of the school term is a costly time, it is very important that all students have their text books as lessons have now begun. All or part payment would be appreciated so that your child does not miss out on his/her lesson.

Reminder to Kindy-Year 2 that the Reptile Park Excursion money needs to be paid by Friday 18 March.

Deposit for Yr 3-4 Camp was due last Friday, please contact the office if you need extra time to pay this.

University of NSW Tests. If your child is interested in sitting for these tests could you please return their note with payment as we will need to order these shortly, we require at least 3 students per year per test to be able to order.

We thank you for your patience and understanding as we transition to our new finance system. If you have any further questions, please contact the office on 49711267.





THESE INGREDIENTS ARE IN SEASON NOW
A healthy cost effective salad

Ingredients

2 raw beetroot, peeled
The kernels from 2 fresh sweet corn
(cut hard against the cob, waste nothing but the stalk).
2 small onions, sliced as thin as you can
1/4 of a Chinese cabbage
The juice of four lemons or limes
1 bunch of chopped mint
2 tablespoons of fish sauce
1 chilli, finely diced
2 garlic cloves, finely chopped
Olive oil to make the salad glisten

Method

Mix all dry ingredients together in bowl
Add all wet ingredients in the bowl
Stir and serve.

Be creative. Be healthy. Eat good food.

Miss Melons
Fruit & Veg



www.missmelons.com.au



Kickability is a specialised Aussie Rules program designed to allow all boys and girls with a disability the opportunity to be involved in Australia's game.



What is Kickability?

Kickability is a club run Aussie Rules program which has been developed by AFL NSW/ACT for children with a disability between the ages of 5-17 years. The sessions are conducted by trained coaches with an understanding of the limitations that each child with a disability may encounter. The focus is on the development of fundamental movement skills as well as teaching the players basic AFL skills.

All activities are non-contact simulated games that will teach the basic skills of the game in a fun and safe environment. The children are grouped according to their ability and will participate in skill-based activities aimed at improving their skills, coordination, fitness and team work.



To find out more about
Kickability or to register
your interest contact
your local club.



Nutrition Snippet

The simplest way

...to keep lunch foods fresh.

Food packed at home in the lunch box needs to stay fresh and safe to eat at school.

Meat, fish, poultry, eggs, noodles, rice, pasta, custard, yoghurt, cheese and milk need to be kept very cold to prevent food poisoning.

Pack lunches in a cooler bag with a cold brick.

Freeze items such as sandwiches, milk poppers, yoghurt, custard tubs, muffins, or fruit segments to pack on hot days.



For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit



Community Advertisements



JB DANCE
CLASSES \$5.50
www.jbdance.com.au

TUMBL TERRIGAL, TUGGERAH, BATEAU BAY, THE ENTRANCE, BERKELEY WALK

WE ARE A FUN, FRESH AND FRIENDLY DANCE SCHOOL

CLASSES \$5.50

ALL STYLES. ALL AGES. ALL LEVELS.

p: 0421 473 457

e: jessie@jbdance.com.au

www.jbdance.com.au

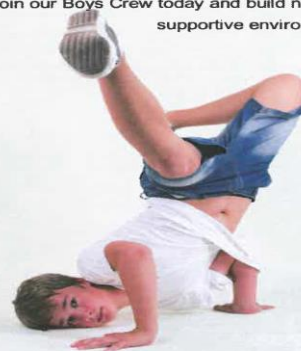


BOYS CREW

@

Newcastle Premier Dance Co

High energy boys only Hip Hop classes for ages 4 - 16 years.
Join our Boys Crew today and build new friendships in a fun and supportive environment.



**ENROL
NOW
FOR
2016**

**FIRST
LESSON
FREE**

0433 632 567 - npdc.net.au
2/24 Strathmore Rd, Caves Beach



Newcastle Premier Dance Co.

Where friendships are made to last a lifetime

For boys & girls aged 2yrs to adults

**Enrol now
for 2016**

**FIRST
LESSON
FREE**

0433 632 567 - npdc.net.au
2/24 Strathmore Rd, Caves Beach



Art Classes!

I hold art classes for 8 years to adults.

Students will learn with acrylics, inks, water colours, mixed media and journaling.

Kids Classes—every thing is supplied. Paintings are sealed and made ready to hang and are every

Tuesdays & Wednesdays 4.30—6pm (excluding school holidays).

Adult Classes are every Thursday 4.30—6.30pm (including school holidays), paint and brushes available or you can bring your own along with a canvas or what ever you would like to paint on.

All you need is your imagination and be prepared to have a fun time.

Phone Janelle on 0423 209 142 for further details.

Janelle Cookson Art

www.facebook.com/JanelleCooksonArt



BELMONT AUTOMOTIVE SERVICE CENTRE
Delivering Personalised Service
LOG BOOK SERVICING • GENERAL SERVICING TO ALL MAKES & MODELS • REGO CHECKS (INC. LPG)
BRAKE & CLUTCH REPAIRS • EXHAUST REPAIRS • SUSPENSION KITS & REPAIRS • STEERING REPAIRS
4WD & DIESEL SERVICING • EFI DIAGNOSTICS • ALL TYPES OF MECHANICAL REPAIRS TO ALL MAKES & MODELS
Ph: 4947 7925 or Ph: 4945 8666
Licenced Repairer 50281
VISA, Mastercard, ezy, Like Us On facebook

