



March 2, 2016



Swansea Public School is an innovative school promoting quality programs to its community. The school offers a wide variety of programs which enhance citizenship, teamwork, equality, social justice and tolerance.

## Calendar

### Week 6

Thur 3/3: Reading Workshop for Parents  
Regional Swimming  
Fri 4/3: Clean Up Australia 2-3pm

### Week 7

Mon 7/3: Parent Technology Workshop 5.30pm  
Tue 8/3: Disco K-2: 5.30-7.00pm  
3-6: 7.30-9.00pm  
Wed 9/3: Aboriginal Education Meeting 2pm  
P&C Meeting 6.30pm  
Fri 11/3: Knights 7 aside Rugby

### Week 8

Tue 15/3: World's Greatest Shave  
Thur 17/3: Parent Public Speaking Workshop  
Fri 18/3: Payment due K-2 Reptile Park Exc

### Week 9

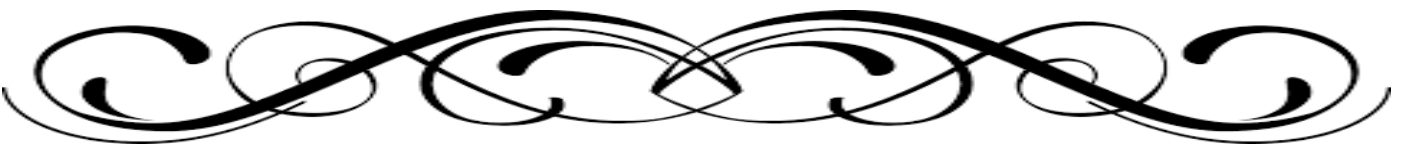
Mon 21/3: Harmony Day  
Tue 22/3: Peer Support Training Yrs 5-6  
Wed 23/3: Peer Support Training Yrs 5-6  
Thur 24/3: Easter Hat Parade  
Fri 25/3: Good Friday

### Week 10

Mon 28/3: Easter Monday  
Thur 31/3: Reptile Park Excursion Kindy-Yr2

### Week 11

Thur 7/4: Anzac Day Service  
"You Can Do It" Performance  
Fri 8/4: Last Day of Term 1



## PBL Focus of the Week Using Your Manners

Due to enrolled children's life threatening anaphylactic allergic reactions to all nuts and peanut products, we would like to encourage families not to send these products to school with their children. These include peanut butter, Nutella, sesame seeds, loose nuts, muesli, nut or chocolate bars or any products containing any type of nuts



## Principal's Message

Congratulations to Ricada Jones for gaining selection in the Eastlakes Zone Swimming Team. She will represent our school and the zone at the Regional Swimming Competition. Good luck Ricada.

It is very important that our students attend school every day unless they are sick. Every day your child misses school is equal to losing three days of learning. Time away from school should be avoided. This includes family holidays.

Sue Holt

Relieving Principal

## P&C AGM

Please come along to the AGM for our P&C on Wednesday night 9 March at 6.30pm in the school staff room. We would love to see the familiar faces and some new members come along. Executive positions will be available for 2016.

## Change of Date for Stage 2 Camp

There has been a change of dates for the forthcoming trip to Morisset due to NAPLAN testing.

The new dates are Mon 16 May-Wed 18 May 2016.

Our apologies for any inconvenience.

## Parent Reading Workshops

We will be holding Parent Workshops in Reading this Thursday 3/3 and Technology next Wednesday 7/3. Come along and learn how to help your children at home. See separate notes for details.

## DISCO

Next Tuesday we will hold our Term 1 DISCO

See separate note for details.



## Uniform Shop

Chair Bags \$10.00 now available. These bags help minimize bags taking up space in the classroom.

## Assembly Awards

### Term 1 Week 5

KA Hayley Campbell	2/1G Tayah McVittie
KB Roxy Cramp	2B James Wright
1T Zarra Millerd	

### Champion Class KB

## Canteen News

Canteen will only be open for lunch on Tuesday's due to the low number of orders taken. A small change is being made to the menu and will be available later this week.



## Child Protection

We will hold our Child Protection Meeting next Tuesday morning at 9.15am 8/3 in the Pavilion. Any parent who is volunteering at school must come along to learn about Child Protection Procedures at school. We are encouraging volunteers to complete the Working With Children Check or the Declaration **before** helping out at school please. Parents **MUST** sign in and out of the school at the office before helping at school for WH&S reasons.

## Parent Technology Workshop

We would like to invite parents and carers to participate in a Technology Workshop at Swansea Public School on Monday 7 March, 2016 at 5.30-6.30pm in 2/1G Classroom. We will introduce our school programs, plans and resources for 2016, provide a hands-on introduction to iPads and the World Book Encyclopedia and provide practical strategies for support and extension for students outside of the classroom.

The workshop will include an opportunity for parents and carers to outline their individual experience, strengths and needs to assist us in developing a second hands-on workshop in Term 2, 2016.

Light refreshment will be provided. We would appreciate your RSVP by Friday 4 March.

Please note that there is a change in date and time from the original term calendar. We hope that this new time will make the workshop more accessible for the school community.

Mr Gaul.



## From the Office

A reminder to all parents/caregivers that money needs to be returned to the office in a sealed envelope/zip lock bag with the child's name, class, note and amount of money enclosed. All change can be collected in the afternoon from the office.

Students need to return their Student Details Form, Permission to Publish and Permission to Leave School Grounds ASAP. All details need to be updated each year and your assistance in returning these forms is very much appreciated.

We realise that the beginning of the school term is a costly time, it is very important that all students have their text books as lessons have now begun using these. **All or part payment would be appreciated so that your child does not miss out on his/her lesson.**

We thank you for your patience and understanding as we transition to our new finance system. If you have any further questions, please contact the office on 49711267.





### Week 5 Recipe

#### Home Made Dipping Sauces

Continental cucumbers are on special this week. Chop up some cucumber, add a little garlic salt and pepper, add some chopped parsley and make a great dipping sauce. Some plain honey is sweet and tasty. Try adding mint to Greek yogurt....yum yum!

Use your imagination...try things out. Simple cheap dipping sauces are great when served with veggie sticks made from raw carrot, celery, zucchini etc. Even cauliflower dippers are a treat. If you can get your children eating fresh food you are creating a healthy culture. Enjoy!

### Easter Raffle

The P&C Association are holding an Easter Raffle which will be drawn at the Easter Hat Parade on Thur 24 March 2016. Each year we ask students to donate one egg towards our Easter Raffle. The hampers are always amazing and we thank you for your continued support. We ask that each student give their egg donation to their teacher and in return receive a mini award. Raffle tickets will be sent home shortly and will be \$1.00 each.

### P&C AGM

The Annual General Meeting is scheduled for Wed 9 March 2016 at 6.30pm. The meeting will be held in the staff room at Swansea Public School. All positions will be declared vacant. The positions are as follows:



President	Treasurer	Secretary
Social and Fundraising Coordinator	Book Club Coordinator	
Uniform Coordinator		

The AGM is open to all parents and carers who wish to attend however only financial members are eligible to vote and /or nominate for vacant positions. The cost to join the P&C Association is \$1.00.

It is important to note that if positions are not filled at the AGM this will have a significant impact on Swansea Public School. The canteen and uniform shop will no longer operate, there will be no Mother's Day or Father's Day Stalls and the contributions that go towards educational resources for the students will also cease. If you are interested in joining the P&C Association and would like further information including what is involved in holding a position please contact Kylie Stevens on 0498 385 380. Thank you.



Nutrition Snippet

## The simplest way

...to save time packing lunches.

We know parents are eager to pack healthy, nutritious lunches.

But doing it five times a week, and getting the kids keen on healthy options such as fruit and vegetables, can feel like a chore.



Plan ahead to get organised and save time:

- Make sandwiches at the beginning of the week and freeze, then add fresh salad on the day.
- Cook extra at dinner and use leftovers for lunches - baked veg, stir fry, pasta and rice work well.
- Chop up sticks of carrot, capsicum, celery or cucumber and store in a container in the fridge until ready to use. Let the kids help prepare and select, saving you time and getting them interested.

For more information visit  
[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
 or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)



## Good for Kids good for life

### SCREEN FREE QUIET TIME

Some families have a daily quiet time where everyone takes a break. Do your children watch movies during their quiet time?

Why not try some of these activities instead to reduce the amount of screen time they are exposed to during the day and to keep their minds active!

- Reading books
- Arts and crafts
- Puzzles
- Card games
- Listening to some relaxing music
- Spending time in the garden



Adapted from: Murrumbidgee Local Health District Quick Bites



PHONE 4924 6499







The students, staff, parents and learning community of Swansea Public School can enjoy all the wonderful features of **WORLD BOOK ONLINE** again for the 3<sup>rd</sup> year.

This is an incredible resource available to all students to use at school, at home or anywhere you can access the internet. Providing for 21<sup>st</sup> Century learning experiences and students living in a world of instant information, it can be very difficult to determine when information is accurate and trustworthy. We believe that our students should be provided with a well-respected, up to date and credible source of information, they can rely on.

Just go to [www.worldbookonline.com](http://www.worldbookonline.com) and type in our special username and password (just ask the students or contact me) to access online resources for all ages.



Our students also have access to **WORLD BOOK ONLINE** E-Books; many non-fiction information books at levels they can read.



Some of these wonderful E-Books have interactive aspects, like videos and games you can click on inside the book. If using a tablet or iPad at home, E-Books can be downloaded and read, with no internet buffering wait time, for 3 weeks. Unlike other E-Book platforms, the same E-Books can be downloaded again and again and again!

A newly purchased addition to all of our wonderful worldbook resources is Early World of Learners.



This is designed for emergent readers and optimised for iPad use. Lots of read aloud games, songs, and books to share. Take a look and see what you think?

Subscribing to these up to date and relevant resources is expensive and a very deliberate decision made by myself and the staff of Swansea Public School. We were the first in our area to offer **worldbookonline** to our learning community and continue to see it's usefulness and educational value in a sometimes confusing internet information landscape. Please use these resources with your children and let me know what you think!

Keep reading and learning!

N.Henry

Teacher/librarian



## Social media and Primary School students



All of the above social media applications are rated 13+. That means the creators of these social media platforms state that users should be over 13 years old to activate accounts.

These applications can be used on smart phones, computers, l pads, notebooks and other electronic devices that have internet access capability.

Who provides the smart phone, the l pad, the notebook, computers, etc and internet access?

Answer: PARENTS!

Who allows young people less than 13 years of age to access these social media applications?

Answer: PARENTS!

Who assists the young person to create the social media profile?

Answer: PARENTS or siblings!

Social media education is not part of the school curriculum. The social media issue with young people is a parent problem, not a school problem. As parents you give your child the tools and permission to access these applications. Don't expect the teachers to do the parenting on this problem when your child misuses or is a victim of social media. The school will deal with matters inside the school grounds, you as parents deal with matters outside the school grounds. You have assisted in creating the social media problem by allowing your child to have these social media profiles. As parents you must take responsibility to resolve these issues with your children.

Have you as parents contemplated how the information your child displays and posts are available to other social media users? Social media profiles are created by criminals too.

If you are unsure what to do as a parent, please refer to this Government website. <https://esafety.gov.au/esafetv-information>

Also check out this YouTube video created in the USA showing the ease at which young people are being lured into dangerous situations through social media. <https://www.youtube.com/watch?v=6 j MhMVEjEQq>

Senior Constable Darren Fleming Youth Liaison Officer  
Newcastle City Local Area Command



# J&B DANCE

**New Dance classes @ Swansea School!  
Come Try your First week free!**

Wednesday

3:30pm 5-12 Yrs Jazz Technique

4:00pm 5-12 Yrs Jazz Concert

4:30pm 5-12 Yrs Concert Hip Hop

5:00pm 5-12 Yrs Concert Contemporary

**Classes from \$5.50!**

**Please go to [www.jbdance.com.au](http://www.jbdance.com.au) to enrol**

**0401 473 457 / [jessie@jbdance.com.au](mailto:jessie@jbdance.com.au)**

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Join our Boys Crew today and build new friendships in a fun and supportive environment.



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2016**

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for 2016**

FIRST  
LESSON  
FREE

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2/24 Strathmore Rd, Caves Beach

## Art Classes!

I hold art classes for 8 years to adults.

Students will learn with acrylics, inks, water colours, mixed media and journaling.

Kids Classes—every thing is supplied. Paintings are sealed and made ready to hang and are every

Tuesdays & Wednesdays 4.30—6pm (excluding school holidays).

Adult Classes are every Thursday 4.30—6.30pm (including school holidays), paint and brushes available or you can bring your own along with a canvas or what ever you would like to paint on.

All you need is your imagination and be prepared to have a fun time.

Phone Janelle on 0423 209 142 for further details.

**Janelle Cookson Art**

[www.facebook.com/JanelleCooksonArt](http://www.facebook.com/JanelleCooksonArt)

