



Week 7, March 7, 2017

P&C AGM

Swansea Public School is an innovative school promoting quality programs to its community. The school offers a wide variety of programs which enhance citizenship, teamwork, equality, social justice and tolerance.

Due to enrolled children's life threatening anaphylactic allergic reactions to all nuts and peanut products, we would like to encourage families not to send these products to school with their children. These include peanut butter, Nutella, sesame seeds, loose nuts, muesli, nut or chocolate bars or any products containing any type of nuts

Positive Affirmation



Swansea Public School Office Open

8.30am-3.15pm

Student Information Detail
report due back

Swansea Public School P&C Uniform Shop

Located next to the library
Open Tuesday mornings
8.40-9.40am.

Cash or cheque payments
only

Swansea Public School P&C

Meetings held 2nd Wed of
each month at 6.30pm in
the staffroom.

Swansea Public School Canteen Open

Mon, Tues, Wed, Thur, Fri
8.30-2.00pm

OFFICE NEWS

High School Expressions of Interest: These forms are needed back to the school office by Friday, 17 March.

School Essentials Book Pack: A kindly reminder for payment.

Kitchen Garden Program: Years 3&4 A kindly reminder for payment.

School Photos: Money to be handed in on the day, please refer to payment option later in the newsletter.

Student Detail Report: Thank you to the parents that have returned their forms. It is a requirement of the department that these are updated each year as the information is used to allocate funding to the school as well as updating all contact details in the office.

MEET & GREET PARENT CONFERENCES

It's been great to see so many parents and carers meeting with their child/rens teachers this year. It is important for everyone to work together positively to help our children. If you still have not met your child's teacher please contact the teacher by note letting them know of your availability to come to the school.

P&C AGM

The P&C will be holding their AGM this Wednesday night at 6.30pm in the staffroom. You need to be a current member to be able to vote or stand for a position. To become a member and vote, or become a position holder, you can join on the night with a gold coin payment. All welcome.

SPORT

Congratulations to Ricada Jones who is off to State to represent the Hunter Region in Swimming. What a fantastic effort! Good luck Ricada.

HOMEWORK CENTRE

Our Homework Centre will begin this Wednesday 8 March, 3.15-4.30pm. Notes have been sent home to participating students.

SPORTS LEADERS

Our sport leaders received their badges and they will wear them daily with pride. We look forward to our students demonstrating their fabulous leadership skills.

GREATEST SHAVE DAY

On Friday 17 March we will hold hair colouring (gold coin donation) for The Greatest Shave Day. Students can wear funky hair (gold coin donation) and come out of uniform. BBQ notes will go home today. Orders must be returned by Tuesday 14 March 3.00pm. NO LATE ORDERS will be taken. Please don't ring the office with late orders as we order food for these days in advance.



SCHOOL LEADERS

Last Friday Yasmin Catley State member for Swansea presented our 2017 school leaders with a State Government School Leader Recognition Certificate. Our leaders stood proud and are good role models for the students of Swansea Public school.



WORLDS GREATEST SHAVE DAY

This year we are doing it a little different! Funky Hair Day is still on, come to school with Wild, Crazy, Funky, Coloured hair and out of uniform for a gold coin donation as well as a sausage sizzle lunch. (Note to come home soon). VOLUNTEERS REQUIRED TO HELP COOK THE SAUSAGE SIZZLE, (please advise the office)

There will also be a lolly jar guessing competition @ \$1.00 per entry.

1st prize includes the jar of lollies to eat at the movie of your choice with a \$100 Movie Voucher! + More prizes for 2,3,4th.

We will only be shaving every 2nd year, to let the lovely long locks grow! Think about it for next year, your hair donation can make a huge difference to a child or adult going through cancer treatment! Thank you for your continued support.



VEGIE SPAGHETTI BOLOGNAISE

(add meat if you wish)

Ingredients

500 grams pasta of choice

Tomato paste

Diced vegies—Onion, carrot, sweet potato, celery or (WHATEVER)

2 tins drained beans of your choice or lentils. A combination, if you wish.

Two tins diced tomatoes and some tomato paste and water.

Tablespoon of ground cumin seed. Grated cheese of choice

As much garlic as you want

Italian herbs and any other suitable fresh or dry herbs you have...Remember it is your creation!

Method

Put on a pot of water for the pasta add the pasta to the boiling water but don't overcook it.

Slice and dice your vegies

Add some oil to a pan. Add garlic and all the diced vegies. With the lid on let the vegies sweat. Stir occasionally.

Add all other ingredients and let it all simmer. Stir as needed.

Add water if needed. Make a nice thick spaghetti sauce.

Tip your drained spaghetti into the pan of sauce and mix it through that way the kids are eating the healthy vegies even if they leave the chunky bits on the plate.

Top it with grated cheese.

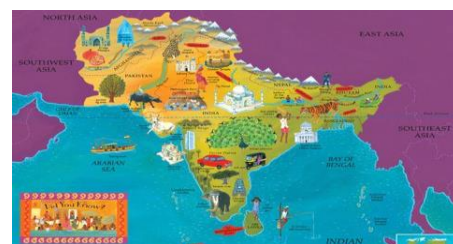
Another simple, tasty delicious dish which won't break the bank.



TALKING WITH STUDENTS IN INDIA!

Thank you to Mrs Chensee in visiting KB and 2/1G and sharing a video link up with a school in Chennai, India. The students in Chennai shared their artwork and told our students about the significance of their artwork and celebrations. We look forward to our next link up so our students can share their artwork and songs with the school in Chennai, India.

भारतीय (India)



Schools Clean Up Australia Day

This event is where students and teachers work together to contribute to our local community and learn how to care for our local environment. A big thank you to all the students that participated in our Clean Up Day last Friday 4th March. It was great to see so many enthusiastic students coming together to make a difference in our local community.



J&B DANCE

ENROL NOW FOR 2017

Classes Held in Swansea School Hall
Classes from \$5.50 * Try your First Week FREE!

Wednesday
3:30 PM 5-12 Yrs Jazz Technique
4:00 PM 5-12 Yrs Jazz Concert
4:30 PM 5-12 Yrs Concert Hip Hop
5:00 PM 5-12 Yrs Concert Contemporary
5:30 PM 5-12 Yrs Acrobatics



0401473 457 / www.jbdance.com.au / jessie@jbdance.com.au



BYO chairs/blankets/beanbags

\$20 p/family

a no alcohol event and no unaccompanied children

School gate opens 6.30pm.
Movie starts after Sunset.



BYO picnic or purchase a coffee and cupcake on the night.

All funds raised will go to Caves Beach Primary School



**Outdoor
MOVIE NIGHT**

Book and pay in advance at the Caves Beach PS office.
Don't forget the mozzie repellent!

Friday 10th March

In partnership with the New South Wales AECG.



www.facebook.com/swanseapublicschool

say cheese

School Photo Day is

24 March 2017

Have your child's school memories captured forever

Please take time to read the relevant information on the MSP Photography payment envelopes and remember these helpful points:



- Don't seal envelopes inside each other. You can pay for all children in one envelope however each child needs to have their own envelope on photo day
- Family envelopes are available at the school office upon request
- Please enclose correct money as no change is given. Cash and money orders only (sorry no credit card accepted)

For any enquiries, please feel free to contact us

e admin.nhvcc@msp.com.au
p +61 2 4966 8292
f +61 2 4966 8293
www.msp.com.au



Nutrition Snippet

The simplest way

...to help parents *Eat It To Beat It*.

Want to learn more about getting your family to eat well to reduce cancer risk, and empower other parents to do the same?

Join Cancer Council NSW's *Eat It To Beat* program as a volunteer Program Facilitator.

We will train and support you to deliver free Healthy Lunch Box sessions and Fruit & Veg Sense workshops that:

- Help families to reduce their cancer risk.
- Make a difference in your community.
- Increase your confidence and improve your presentation skills.

For more information email eatittobeatit@nswcc.org.au or phone (02) 4923 0710.

For more information visit
www.eatittobeatit.com.au
or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)



COME TRY RUGBY



The Waratahs Junior Rugby Union Club is inviting young boys and girls interested in playing rugby union to Come Try Rugby sessions at Waratah Oval.

WHEN: Three Friday evenings –
17 March, 24 March and 31 March

TIME: 6pm

WHERE: Waratah Main Oval, Harris Street, Waratah

AGES: Under 7s upwards

Accredited trainers will be in attendance and information available for parents.

FURTHER DETAILS AVAILABLE THROUGH:

Email: thewaratahsjuniorrugby@gmail.com

Facebook: 'The Waratahs Junior Rugby – Newcastle'

Web: Junior Rugby tab at www.thewaratahs.com.au

Good for Kids good for life

TRADITIONAL INDIGENOUS GAMES

Looking for fun activities for the kids?

Try Yulunga: Traditional Indigenous Games

Taktyerra - The activity is named after the word 'to fight' (*taktyerrain*) in the Wembawemba language of Victoria.



Two players stand on small mats (2m²) facing each other about 4m apart. Players have a soft ball in each hand and attempt to hit their opponent without being hit themselves.

Players may move around on the mats: dodge, jump, bend or fall to avoid being hit, but must remain on the mat.

Source: Yulunga Traditional Indigenous Games 2009

http://www.ausport.gov.au/participating/resources/indigenous/full_resource



PHONE 4924 6499



SCHOOL ZONE PARKING OFFENCES

Increased penalties for School Zones. Current as at 1 July 2016



Means that in the area in the direction of the arrow, you must **NOT STOP your vehicle** at any point on the road or kerb, unless there is a medical or other emergency.

Maximum Penalty

\$433

+ 2 Demerit Points



Means that you have no more than 2 minutes for drop-offs or pick-ups of passengers or goods and the driver must stay within 3 metres of your vehicle.

Penalty

\$180

+ 2 Demerit Points



Means that in the direction of the arrow or arrows you are not allowed to stop your vehicle unless you are driving a bus.

Penalty

\$325

+ 2 Demerit Points



DOUBLE PARKING

You are **NOT PERMITTED** to stop or park your vehicle alongside another vehicle that is already parked parallel to the kerb.

Penalty

\$325

+ 2 Demerit Points

- STOP in a NO STOPPING zone: **\$325 + 2 Demerit Points**, or STOP on or near a Children's or Pedestrian Crossing: **\$433 + 2 Demerit Points**
- STOP on path/strip in built up area: **\$180 + 2 Demerit Points**
- STOP or Park in a Disabled Marked Area without a permit: **\$541**

Please Note: fines subject to change without notice. Current to 30 June 2017.
These penalties apply to offences in school zones during posted school hours.



	Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
<i>Week 4</i>	Feb 13	14	15 Parent Information Sessions K: 3.15pm Yrs 1-2: 4.00pm Yrs 3-4: 4.30pm Yrs 5-6: 5.00pm	16	17 Aboriginal Education Parent Meeting 2.00pm	18/19
<i>Week 5</i>	20	21	22 Zone Swimming Day 1	23 Zone Swimming Day 2	24	25/26
<i>Week 6</i>	27	28	Mar 1	2	3 Clean up Australia Day	4/5
<i>Week 7</i>	6	7	8 P&C AGM 6.30pm Homework Centre	9	10	11/12
<i>Week 8</i>	13	14	15 Homework Centre	16 Paul Harrigan Cup Aboriginal Education Parent Meeting 2.00pm	17 Greatest Shave Day Sausage Sizzle High School Expression of Interest Form returned to school.	18/19
<i>Week 9</i>	20	21	22 Homework Centre Taste of High School 1.50-3pm	23	24 School Photos	25/26
<i>Week 10</i>	27	28 School Disco	29 Homework Centre	30	31	Apr 1/2
<i>Week 11</i>	3	4	5 Easter Hat Parade	6	7 Rewards Day Last day of term	8/9

