



Week 4, Tuesday, 14 August 2018

Just a reminder please do NOT bring rice or nut products to school due to the severe Anaphylactic allergic reactions to some of our students - *thank you*.

2018 Calendar Term 3

Week 4	13/8	Zone Public Speaking Stage 3
	14/8	Zone Public Speaking Stage 2
	14/8	ICAS Maths Test
	16/8	Zone Public Speaking Early Stg 1
	17/8	Zone Public Speaking Stage 1
Week 5	20/8	Book Week
	21/8	Newcastle Perm Maths Comp
	21/8	Stem Expo
	22/8	Book Week Parade
	22/8	Stem Expo
	23/8	Stem Expo
Week 6	31/8	Fathers Day Stall
Week 7	3/9	School Dental Visits this week
Week 8	10/9	Spectacular Dress Rehearsal
	12/9	School Spectacular 7pm SHS
	13/9	Kindy Enhanced Transition
Week 9	19/9	P & C Meeting
	20/9	Kindy Enhanced Transition
Week 10		

Term 3 newsletters will be going out in Week 2, 4, 6, 8 and 10.

Stay tuned for important information and recognition of activities in upcoming issues.

From the Principal

Dear parents and caregivers

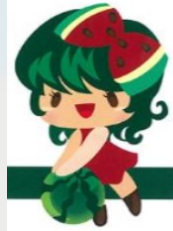
Last Wednesday's **P and C Association meeting** was very productive with the details of the new school shirt and uniform changes agreed to by attending members. From 2019 the school will introduce a new school shirt and jacket that will be available from the school's Uniform Shop. Black shorts and pants will be able to be purchased at parents' discretion. At future meetings we will look at the school hat so that it matches in with the shirt. From 2019 the school will no longer require students to wear a sports uniform on a Friday. It is expected that the new shirts will be available from Term 4 of this year and they will be able to be purchased from the school's Uniform Shop.

I understand that there may be some confusion about **parking signs** in the school zone and in particular those in Galgabba Street. I have included in this newsletter a photo of each of the signs and a brief explanation in an attempt to clarify the parking restrictions. I still advise you to double check where you park as the fines for parking infringements may be up to \$400!!

The school has ordered new **soap dispensers** for the "big boys" and "big girls" toilets. Previous soap dispensers were damaged by some students and the overuse of 'pumping' the soap led to many students slipping on the wet, slippery floor. We have ordered 'one-pump only' dispensers; I am sure that our current students will realise the health and hygiene benefits of having access to soap to keep their hands clean and germ-free!

Continued on next page.....





Miss Melon for providing free fruit for our students



from the Principal continued

Results of the **Galgabba Public Speaking** are now public, so congratulations to all our students who participated. Heartiest congratulations go to Parkah Stewart (Stage One) and Archer Nicholas-Canning (Stage Three) as they were awarded a Highly Commended and Dilara Peacock- Kurt who won the Stage Two section. Great work!! Good luck to students competing at this week's Eastlakes Zone Public Speaking.

Uniform Shop News

the uniform Shop will be open on

Thursdays only

8:40 am to 9:40 am for the rest of the year

STEM Expo 21st August



**STEM
EXPO**
2018

BROUGHT TO YOU BY
GALGABBA COMMUNITY OF SCHOOLS

Blacksmiths Public School, Caves Beach Public
School, Marks Point Public School
Nords Wharf Public School, Pelican Flat Public
School, Swansea Public School
Swansea High School

*Student displays, lucky door prize, LEGO robotics, science
and engineering demonstrations*

ALL WELCOME

TODAY'S SCHOOLS - CREATING TOMORROW'S WORLD
Venue: Swansea High School
Date: Tuesday 21st August 2018
Time: 5.30-7pm

A group of Stage 3 students have been working on their STEM projects since Term 2 and they will be presenting their work at the Galgabba STEM Expo.

All welcome free admission
more information can be found
on

Galgabba.weebly.com

In partnership with the New South Wales AECG.



www.facebook.com/swanseapublicschool

4/3G Asian Noodle Salad with Beetroot Chips



What you need:

- * 1/2 Wombok (Chinese cabbage), shredded
- * 6 shallots, sliced
- * 1 cup toasted almond slivers (optional)
- * 1 pkt Chang fried noodles
- * 1 tbsp butter
- * 3 raw beetroots

Dressing:

- * 1/4 cup white vinegar
- * 1/4 cup sugar
- * 1 tbsp soy sauce
- * 2 tsps sesame oil
- * 1/2 cup olive oil

Method:

1. Shred the Wombok cabbage into a large salad bowl. Slice the shallots and add the shallots and almonds to the cabbage.
2. Peel the raw beetroot and slice thinly using a mandolin. Place slices onto baking paper, drizzle with olive oil and salt and place in oven @ 190 degrees for 15 to 20 minutes.
3. In a small bowl add the sugar, vinegar, soy sauce and oil. Whisk together until all combined.
4. In a microwave proof bowl, add Chang noodles and butter and place into the microwave until the butter is melted. Mixed together. Add to cabbage mixture, then add dressing and toss together.



RAWSON STREET

The school has two disabled parking spaces only. An approved disable sign must be displayed. No parking across the driveway indicated by “No Stopping” sign.

RAWSON STREET

Parking spaces along Rawson Street are available for staff, parents & carers. There are no time restrictions. You must park the rear of your car into the kerb.

If you park opposite the school's front gate, you must park parallel to the road and not across the grass area/verge of the houses/home properties.





GALGABBA STREET

No Stopping Zone indicates no parking is allowed in this area adjacent to the pedestrian refuge (safe spot).

GALGABBA STREET—near the back school gate

This sign indicates that this area is a Bus Zone at 8am to 9.30am and then 2.30pm to 4pm, no parking is allowed during these times.

Parking is therefore allowed between 9.30am to 2.30pm only.



GALGABBA STREET—adjacent to Quinn Park

Parking is allowed in this area indicated by arrows up to Bus Zone area and along the southern end of Galgabba Street



Cricket Visit



Year Five and Year Six students were fortunate enough last Tuesday to have a visit from Lauren Cheattle, a bowler, and Daniel Hughes, a batter from Sydney Sixers. During the visit, students were involved in a variety of skill formation tasks related to cricket and were given the opportunity to ask questions to the players. Thanks to Cricket Australia for allowing our school to take part in such an amazing opportunity.



ZONE ATHLETICS

Congratulations to all students who competed in the events at Zone Athletics. It was held last Wednesday and Thursday at Marks Point. Students from our school competed in 100m, 200m and 800m events, as well as in the relay. We were impressed with the students sportsmanship and they were well behaved throughout the two days. Well done!



GYMNASTICS



Reminder.....

Payment for Gymnastics this term is due.

If your child hasn't paid anything towards the gymnastics from Friday they will not be able to participate in the sport on Friday.



In partnership with the New South Wales AECG.



www.facebook.com/swanseapublicschool



Library News



Book Week 2018 Information

The time has arrived, once again. Swansea Public School will be celebrating Book Week 2018 with our famous [Book Parade on Wednesday 22nd August](#).

The day before students will have a chance to look at the books available for purchase and write down their favourites on a wish list. We will have the usual Scholastic books, trinkets and the Library Monitors will be selling a great range of second hand books.

The day will follow the same schedule as past successful Book Parades. Students will arrive in costume in the morning and will participate in some rotational class activities with their teachers in the morning session. As before, any students who do not have a costume please wear one colour (eg. Black pants and top). There are many costumes to borrow in the Library.

All visitors, parents and carers will be welcome into the school from 11am onwards. A sausage sizzle will be available for lunch and everyone is welcome to purchase books in the Library at this time. The official Book Parade will begin at 12noon, with lots of costume parading, judging, curly wurley moments and musical performances. During the Parade the Library will be closed.

Immediately after the Book Parade, the Library will be open again and students will have a recess break. After recess, parents and carers are invited to stay and read with the students in what we call, *Bring a Rug and Read*. Here we sit with each other in the playground, and read a favourite book from home or a treasured book purchased on the day.

The library will be open from 7.30am in the morning for book purchases and after school for a short time.

Looking forward to seeing you all and making some more great memories!

Dr N.Henry

Teacher/librarian

In partnership with the New South Wales AECG.



www.facebook.com/swanseapublicschool

BOOK WEEK SAUSAGE SIZZLE



Swansea Public School

**Book Week 2018
Sausage Sizzle**



Dear Parents/Carers

On the day of our Book Parade on Wednesday 22 August 2018 we will be offering a Sausage Sizzle meal deal.

For \$5.00 you will receive a sausage sizzle and drink to enjoy.

Please indicate on the return slip below if you would like to order a meal deal for the day.

Last date for orders is Friday 17 August 2018

K. Brooks
P&C Representative
3 August 2018

Sandra Patterson
Principal



Swansea Public School

**Book Week 2018
Sausage Sizzle – Order Form
DUE FRIDAY 17TH AUGUST 2018**

Child's Name: _____ Class: _____ Number of meals required: _____

Child's Name: _____ Class: _____ Number of meals required: _____

Child's Name: _____ Class: _____ Number of meals required: _____

Child's Name: _____ Class: _____ Number of meals required: _____

Total Meals Required: _____ @ \$5.00 each

Total amount enclosed \$ _____ Cash () Eft () POP () # _____

Parent/Carer Name: _____ Signature: _____ Date: _____

VOLUNTEERS NEEDED!!

If you are able to help on the day please contact the school

Thank you!

In partnership with the New South Wales AECG.



www.facebook.com/swanseapublicschool

Spectacular 2018

“Escape from Vertigo”

Our Spectacular date is Wednesday 12th September (Week 8) with a dress rehearsal at Swansea High on Monday 10th September.

The performance will be at our usual venue - Swansea High School.

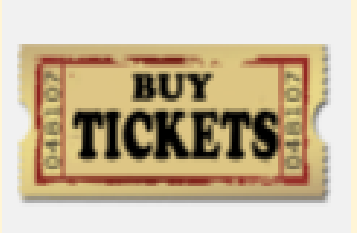
Tickets will go on sale in the Pavilion

on Wednesday 1st August (Week 2 next Term)

They will be available every Wednesday, Thursday and Friday morning from 8:40 am to 9:00 am until sold out.

The cost is \$20 a ticket (SPS students do NOT need to purchase a ticket).

WANTED—a large Superman costume is needed. If anyone has one it would greatly appreciated if we could borrow it for our performance.



GATS Campers



P&C Meetings



Come along to your child's school and find out what is happening and to be informed and involved in your child's education.

Our next meeting is
Wednesday 19th
September at 6pm in
the Staffroom



In partnership with the New South Wales AECG.



www.facebook.com/swanseapublicschool

The fresh alternative for a healthy family

Miss Melon's Fruit & Veg

Market fresh fruit and veg direct to your door

Order Online Mob: 0491 106 649

www.missmelons.com.au



Miss Melon's Fruit & Veg



@missmelonsfnv



The Library is selling the local Entertainment Books this year. Great discounts and 2 for 1 deals, to be used throughout 2018 and to the end of June 2019.

The Entertainment Books offer savings on family restaurants, shopping and activities. Each book, hard copy or digital, **costs \$65**. If you would like to purchase an Entertainment Book, go to Swansea Public School's special link:

<https://www.entertainmentbook.com.au/orderbooks/346k53>

Choose a digital copy or a hard copy.

Unfortunately we will only be accepting ONLINE PAYMENTS!

There will be **NO CASH PURCHASES!**

If you have purchased a digital copy you will be able to access it immediately.



In partnership with the New South Wales AECG.



www.facebook.com/swanseapublicschool

Community Notices

Personal. The way travel should be



Hi, I'm Stephanie your local personal travel manager based in Swansea.

Are you looking at planning your next holiday? As your personal travel manager I will endeavour to make your holiday truly memorable. My business is mobile, so I can come to you at a time that's convenient. Perhaps we can discuss your holiday plans over a coffee at your local cafe. Let's meet and talk travel.



Travel
Managers
As individual
as you are



Stephanie Spiteri

Your personal travel manager

M: 0402 201 451 | T: 4971 5358

E: stephanie.spiteri@travelmanagers.com.au

f facebook.com/TravelManagersStephanieSpiteri

travelmanagers.com.au/StephanieSpiteri

Part of the House of Travel Group ACN: 113 085 626 Member: IATA, AFTA, CLIA



WALLSEND TOUCH JUNIOR COMP 2018

KEY KIDS! PLAY TOUCH FOOTY!

TEAMS – INDIVIDUALS – SKILL SESSIONS – CUBS PROGRAM

Registrations NOW OPEN

Easy online process!

Register your team NOW FREE!

Players pay before comp starts!

Teams accepted up to 19 Aug 2018

Juniors Sponsored by



Starts 28 Aug

Cheapest Sport Around
Sibling Discounts
PLUS a **FREE SHIRT &
TEAM BALL**

Same Venue each week
Air Conditioned Canteen
& Club House
All ages NOW Tuesdays

Girls & Boys - 6 to 15 yrs

CUBS Program 4/5/6 Yrs

Touch Footy Skill Program

'Try Touch Footy' School
Carnival - Has your
school registered?

MORE INFO –
wallsendtouch.com.au



admin@wallsendtouch.com.au

PH: 0414 896 573



In partnership with the New South Wales AECG.



www.facebook.com/swanseapublicschool

WAXING

FACE

Eyebrow	\$12
Lip	\$10
Chin	\$11
Sides of Face	\$12
Nose	\$ 8
Brow, Lip & Chin	\$26
Full Face	\$31

BODY

½ Leg	\$25
¾ Leg	\$35
Full Leg	\$44
Thigh	\$30
Bikini	\$18
G-String Bikini	\$26
Brazilian	\$42
Underarm	\$16
Half Arm	\$19
Full Arm	\$27

WAXING PACKAGES

½ Leg & Bikini	\$40
½ Leg & Brazilian	\$61
Full Leg & Bikini	\$59
Full Leg & Brazilian	\$80
½ Leg, Bikini, Underarm	\$51
Full Leg, Bikini, Underarm	\$70

MENS WAXING

Full Back & Shoulders	\$46
Upper Back & Shoulders	\$31
Chest & Stomach combo	\$45

MENS FEET TREATMENT

Cut & File	\$10
Soak, Scrub, Cut & File	\$25

TINTING

Eyelash Tint	\$16
Eyebrow Tint	\$12
Lash & Brow Tint	\$22
Lash & Brow Tint, Brow Wax	\$32

SPRAY TANNING

Spray tanning is the quick, health and luxurious way to a glowing fit body. Look sexier, slimmer and sun-kissed in an instant without worrying about harmful UV rays.

Full Body, natural looking tan \$25

MASSAGE

Revive, relax and rejuvenate. Treat yourself to a Full Body Oil Massage this winter.

1 hour	Head to Toe	\$62
30 mins	Neck, Back & Shoulder	\$42

FACIAL & BODY TREATMENTS

Facial & body treatments personalised to suit each individual...

REVITALISING FACIAL 1 hr

This effective treatment will leave skin looking smooth, clear and rejuvenated. Included is a Relaxing Face, Neck and décolletage massage. Whilst facial mask is processing we massage your arms & hands and finish with a moisturiser. \$58

EXPRESS FACIAL 20 min

An intense cleansing mini facial for busy people, designed to leave skin thoroughly decongested, cleansed, toned and hydrated. Restore vitality quickly with this effective treatment. \$38

TEENAGE ACNE FACIAL 40 min

An effective treatment to help young skin prone to breakouts, blackheads & congestion. \$48

ANTI-AGING FACIAL 1 hr

ASAPs version of the fountain of youth. This relaxing and simple skin treatment will help minimise the signs of aging, reduce the appearance of fine lines and improve skin tone and texture, revealing a clearer, firmer looking skin. \$63

MINI MAKEOVER

Hydrating Facial, eyebrow Shaped and Tinted. Eyelashes Tinted for a Fresh New Look \$58 (45 mins)

ASAP Facial Skin Care range and Pure Fuji Body Care range available in Salon

ULTIMATE HYDRATION FACIAL 1 hr

The ideal treatment to plump and saturate life back into dull and dehydrated skin, this super hydrating facial will cleanse the skin of impurities and allow ASAP products to infuse deeply into the skin, leaving a bright, hydrated and younger looking complexion. \$63

ULTIMATE COLLAGEN TREATMENTS

To enhance your Facial Treatment add:

COLLAGEN EYE LIFT MASK	\$10
ULTIMATE LIP PLUMP	\$10
Save money, both treatments	\$15

GLYCOLIC PEELS

A deep exfoliation treatment to give your skin a fresh, rejuvenated appearance. A glycolic acid solution applied on the skin, stimulating growth of new skin cells, improving the clarity & texture of your skin, reducing congestion & some pigmentation. This facial will result in plumper, healthier looking skin.

\$49 ea. Pay for 6 up front and receive a 15% discount.

PAMPER PACKAGES

ESCAPE 2 hrs

We will start with a full body Relaxation Massage, followed by a Revitalising Facial with Eyebrow wax & Shape. \$119

REVITALISE 2 hrs

Relax and enjoy a Pedicure treatment, Revitalising Facial & Brow Wax. \$102

DE-STRESS 1 ½ hrs

Enjoy a Back Neck & Shoulder massage followed by a Revitalising Facial. \$88



Beauty Enhanced

SHOP 23, SWANSEA CENTRAL,
172 PACIFIC HWY, SWANSEA

PH: 4972 1202

**All messages returned same day
HOURS**

Monday by appointment

Tuesday – Friday

9:30 am to 5:00 pm

Saturday

9:00 to 12:00 by appointment

After Hours Appointments Available

Gift Vouchers Available

Prices effective 01 07 2016

Support your Local Small Business

HAND & FEET TREATMENTS

MANICURE 40 mins

Treatment includes a warm hand soak, cuticle treatment, nail file, shape & buff followed by a scrub to the elbows. Relax while we massage your arms & hands & finish with a colour of your choice. \$38

\$43 with gel polish

SPA PEDICURE 45 mins

Treat your feet to this relaxing, revitalising foot treatment. Start with a refreshing foot soak, followed by cuticle treatment, toe nail file & buff, callus remover & foot scrub, then a scrub to the knee. Relax with a lower leg & foot massage; finish with your choice of colour. \$43

\$53 with gel polish

NAIL FILE & PAINT

Hands -Cut & File, no polish \$10

Hands -File, Shape & paint \$15

Feet – Cut & File, no polish \$15

Feet – Cut, File & paint \$20

IBD GEL POLISH

\$29 Initial application (fingers)

\$34 Gel toes

\$33 Soak off & re-apply

\$15 Soak off only

TERM 3 EVENTS

	Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
Week 3	6 Education Week NAIDOC Celebrations	7	8 Zone Athletics Day 1 P & C Meeting 6pm	9 Zone Athletics Day 2	10	11/12
Week 4	13 Zone Public Speaking Stage 3	14 ICAS Maths Test Zone Public Speaking Stage 2	15	16 Zone Public Speaking Early Stage 1	17 Zone Public Speaking Stage 1	18/19
Week 5	20 Book Week	21 Newcastle Permanent Maths Competition STEM Expo	22 Book Week Parade STEM Expo	23 STEM Expo	24 STEM Expo	25/26
Week 6	27	28	28	30	31 Father's Day Stall	1/2
Week 7	3 Sept School Dental Visits this week	4	5	6	7	8/9
Week 8	10 Spectacular Dress Rehearsal at SHS	11	12 School Spectacular at 7pm	13 Kinder Enhanced Transition	14	15/16
Week 9	17	18	19 P & C Meeting 6pm	20 Kinder Enhanced Transition	21	22/23
Week 10						